

School Health Advisory Committee (SHAC) Meeting Minutes

November 12, 2024, 6:00pm – 7:00pm

Online via Google Meet

In attendance: Donald Johndrow, Gina Carmichael, Dr. Suzy Lofton-Bullis, Amy Sexton, Courtney Stockard, Stacy Smith, Laura Rutledge, Tara Fox, Karie Rowland, Gary Olsen, Kanon Yetley, Jennifer Porter, Dr. Charles Cox, Ashley Huff, Katie Coffee, Kim Peake and Julie Wesselman.

I. **Welcome all SHAC members!**

- a. Background of SHAC (Gina) – The School Health Advisory Committee is a community-driven group comprised of staff members, parents and student representatives. SHAC advises and makes recommendations about health, physical education, school nutrition, staff health and more. The committee meets four times per year.
- b. Introductions of all members

II. **Meeting Dates**

- a. The committee agreed upon meeting the last Tuesday of the month for January, February and April. Next meeting will be held Tuesday, January 28th. Gina will send text reminders the week before. Meetings are not mandatory, but please connect with Gina via email if you're unable to attend.

III. **District Updates (Suzy)**

- a. Relevant information from SHAC
 - i. Registered Nurses – The district has increased medical knowledge with now having three RNs to cover LVISD.
 - ii. Intermediate playground – The new intermediate school playground was made a reality this year with a nice, outdoor space for the students.
 - iii. Safety survey – A safety survey was sent to parents, staff and students at the high school and middle school. Survey results across the board showed the greatest need for mental health services for all stakeholders. The survey feedback was discussed at the LVISD Board meeting and approval given to move forward with having a licensed clinical social worker for the district. Suzy also met with THCATT last week, which is a service provided through Dell for free virtual mental health services.
 - iv. School Resource Officer (SRO) – A second SRO was hired for the district, with one at the high school and one at the middle school. Security guards are positioned at the intermediate and elementary schools.
 - v. Program Manager for Health Sciences Program – LVISD is searching for a certified Program Manager. Qualified candidates must be a Registered

Nurse with at least one year experience in a skilled nursing facility. Commitment is 60 hours for the school year at \$50 per hour. Please connect with Suzy if you know of anyone who satisfies the requirements and may be a good candidate.

- vi. Athletic Trainer (Gina) – LVISD is looking for two athletic trainers. Licensing requirements were changed with more years of training required as well as a master's degree. As a temporary measure, LVISD has contracted with a trainer to attend some of the football games. RNs have taken responsibility for the concussion management program. Laura Rutledge has responsibility for the high school students and Gina Carmichael has responsibility for the middle school students. Return to Play and Return to Learn protocols are followed to assist staff members in helping students navigate their concussion management in a safe manner while also taking care of schoolwork.

IV. Meeting Topics

- a. Health Related Bills for Texas Legislature (Suzy) – As a potential meeting topic, Suzy offered to provide an update to the committee about health-related bills on the docket for the Texas Legislature.
- b. Mental Health – Dedicate time to discuss what mental health looks like for LVISD.
- c. Subcommittee for PE and Physical Activity (Gina) – If anyone in the group would like to be involved or learn more about this subcommittee, reach out to Gina via email. The subcommittee meets separately from SHAC.
- d. Concern of the condition of intermediate school bathrooms was discussed. The district is aware and the concerns are being addressed.
- e. SHIP facility at the High School – Better protection for the kids from the heat. UIL guidelines instruct when you can and cannot practice in the heat. LVISD follows the recommended Wet Bulb Globe Temperature Guidelines for measuring heat, humidity, and wind to determine if conditions are appropriate for program activities.

V. Next Meeting – January 28th

- a. Discussion topic: Mental health

VI. Adjourned: 6:50pm.

Respectfully submitted,

Julie Wesselman, Secretary
School Health Advisory Committee